



Fresh Flowers

Deb Strain

FRESH FLOWERS TABLE RUNNER & PILLOW
 RUNNER MEASURES 20" x 68" – Pillow 22" x 22"

Quilter Basics

Read instructions before beginning a project. • 22" measurement is approximate.
 All instructions include a 1/4" seam allowance. • WOF—approximately 40".

Fabric Requirements

FABRIC 1	19450-12	1 Panel	
FABRIC 2	1945913-12 Yellow tonal	1/2 yd	
FABRIC 3	19452-15 Red tonal brocade	1/4 yd	
FABRIC 4	19458-12 Green ditsy flower print	5/8 yd	
FABRIC 5	19452-11 Blue tonal brocade	1/4 yd	
FABRIC 6	19459-14 Orange tonal floral	1/4 yd	
FABRIC 7	19456-16 Yellow/Blue stripe	5/8 yd	
FABRIC 8	19457-14 Orange/Blue Dot	3/4 yd	
FABRIC 9	19457-15 Red/Yellow Dot	1/4 yd	
FABRIC 10	19452-12 Green tonal brocade	1/4 yd	
FABRIC 11	19457-13 Yellow/Orange Dot	F8	
FABRIC 12	19459-17 Green/White Vine	2/3 yd	
FABRIC 13	19454-16 Words	5/8 yd	

BACKING: Runner 1 1/2 yds. Pillow 3/4 yd.



Fabric Requirements

Fabric 1-Panel

Fussy cut 6-6½" x 6½" center flower blocks

Fabric 2

Cut 2- 4" x WOF strips

Subcut 14 - 4" x 4" squares for buds

Cut 6- 1" x WOF strips for accent border

Fabric 3

Cut 2- 4" x WOF strips

Subcut 14 - 4" x 4" squares for buds

Fabric 4

Cut 7- 2½" x WOF strips

Subcut 112- 2½" x 2½" squares for flying geese units

Fabrics 5 & 6

Cut 2- 4" x WOF strips

Subcut 14 - 4" x 4" squares for buds

Fabric 7

Cut 7- 2½" x WOF strips

Subcut 56- 2½" x 4½" rectangles for flying geese units and 8- 2½" x 2½" corner squares

Fabric 8

Cut 1- 3⅞" x WOF strip

Subcut 8- 3⅞" x 3⅞" squares, cut once diagonally for star points

Cut 3- 1½" x WOF strips for pillow's final border

Cut 5- 2½" x WOF strips for table runner's binding

Fabric 9

Cut 2- 3⅞" x WOF strip

Subcut 12- 3⅞" x 3⅞" squares, cut once diagonally for star points

Fabric 10

Cut 2- 4¼" x WOF strips

Subcut 10- 4¼" x 4¼" squares cut twice diagonally for background triangles and

4 - 3⅞" x 3⅞" squares, cut once diagonally for star points

Fabric 11

Cut 1- 4¼" x 22" strip

Subcut 2- 4¼" x 4¼" squares cut twice diagonally for background triangles

Fabric 12

Cut 3- 3½" x WOF strips

Subcut 24- 3½" x 3½" squares for star block corners

Cut 2- 4¼" x WOF strips

Subcut 12- 4¼" x 4¼" squares cut twice diagonally for background triangles

Fabric 13 *fabric is directional*

Cut 1- 13½" x WOF strip

Subcut 4- 13½" x 2" strips for side borders, from remainder of strip

Cut 6- 2" x WOF (approx. 32") strips for top and bottom borders for runner

Cut 1- 2" x WOF strip for top and bottom border for pillow



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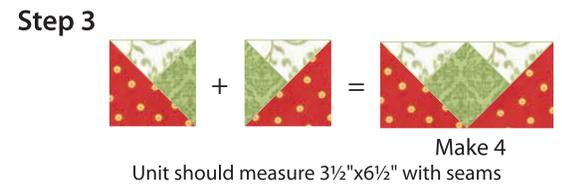
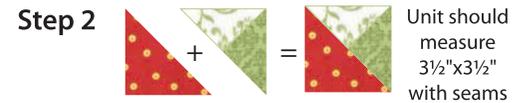
Construction

Star Block – 12"x12" finished. Make 6 -5 for table runner and 1 for pillow top

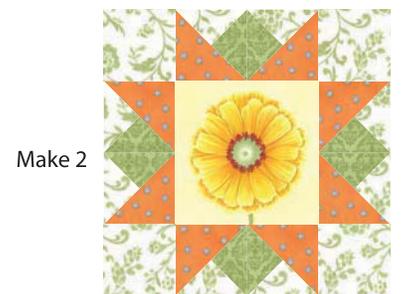
The following directions are for a red star block. Repeat the steps to make 2 more red star blocks, 2 orange and 1 center green star block.

Each block requires 8 star points ($3\frac{7}{8}$ " half square triangles), 1 center flower square ($6\frac{1}{2}$ "x $6\frac{1}{2}$ ") 4 corner squares ($3\frac{1}{2}$ "), 8 background triangles ($4\frac{1}{4}$ " quarter square triangles) and 8 green (yellow for center block) triangles ($4\frac{1}{4}$ " quarter square triangles).

1. Sew green and background quarter square triangles together. Press. Make 4 units with green on left and 4 units with green on the right. See illustration.
2. Add Step 1 units to long side of star point triangles. Press. Make 8. Units should measure $3\frac{1}{2}$ "x $3\frac{1}{2}$ " with seams.
3. Join 2 units from Step 2 to make a star point unit. Press. Make 4. Units should measure $3\frac{1}{2}$ "x $6\frac{1}{2}$ " with seams.
4. Sew units together to make 3 rows. Join rows to complete star block. Press. Block should measure $12\frac{1}{2}$ "x $12\frac{1}{2}$ " with seams.
5. Repeat Step 1-4 to make 6 star blocks.



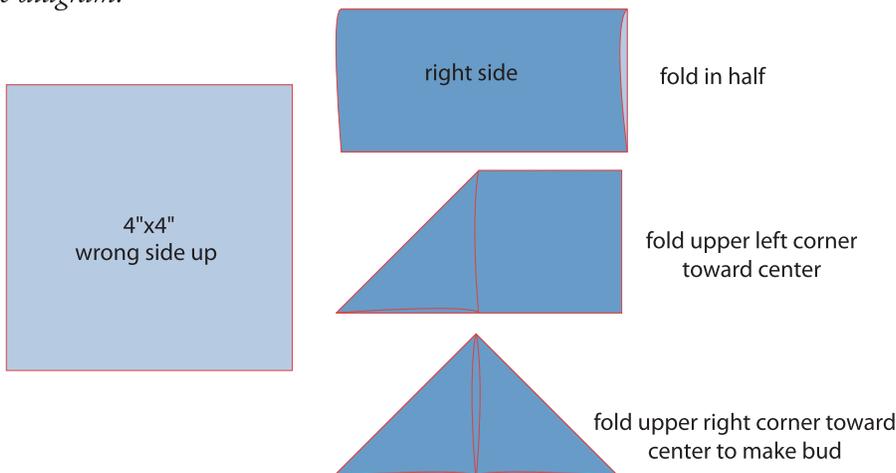
Star Block should measure $12\frac{1}{2}$ "x $12\frac{1}{2}$ " with seams



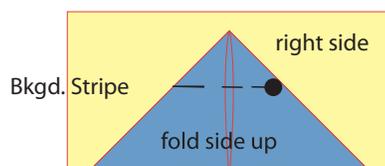
Flying Geese Flower Block – 2"x3" finished. Make 56

Each flower requires 1- $2\frac{1}{2}$ "x $4\frac{1}{2}$ " Fabric 7 rectangle, 2- $2\frac{1}{2}$ "x $2\frac{1}{2}$ " Fabric 4 squares and 1- 4 "x 4 " bud of various colors.

1. Fold 4"x4" square in half horizontally wrong sides together. Press.
2. Fold upper right and left corners to center to make a bud. See diagram.



3. Align long edge of bud unit with edge of background rectangle right side up and bud with fold side up. Pin in place.

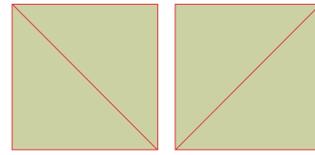


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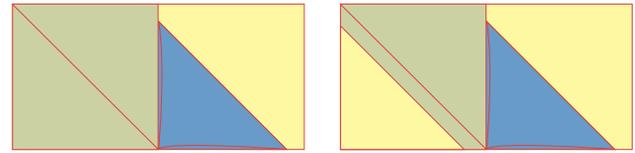
Construction - cont.

4. Using a mechanical pencil, draw a diagonal line on the wrong side of the 2 Fabric 4 green squares.

draw a diagonal line on wrong side of squares



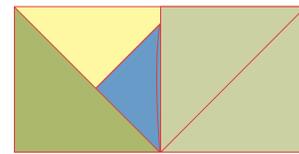
5. Add a green square to the pinned unit. Stitch on drawn line. Trim away extra fabric from green square and the bud, but do not trim away the background rectangle unit, because the corners of the flying geese may not align perfectly with the edge of the background rectangle due to the extra bulk of the bud unit in the seam. Align edges of rectangles, not geese, when piecing border units to insure proper length of border. Add second green square. Press



stitch on marked line

trim away extra fabric-do not trim bkgd

6. Repeat Steps 1-5 to make 56 flying geese flower blocks, 14 each using Fabric 2,3, 5 and 6 for buds.



press and repeat with second square

Assemble Table Runner

Stitch 2 red, 2 orange and 1 green star blocks together. Press. *See image for placement.* Center of table runner should measure 12½"x60½" with seams.

Borders

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Accent Border

1. Add 12½"x1" yellow accent strips to opposite ends of center unit and pillow block. Press seams toward yellow.
2. Piece 4- 1"xWOF strips together end to end. Cut 2-61½"x1" yellow accent strips for top and bottom borders. Add to center unit. Press.
3. Cut 2-13½"x1" yellow accent strips for top and bottom of pillow block. Add borders and press toward yellow.

Word Border-*fabric is directional*

1. Stitch 2"x13½" border strips to opposite ends of table runner and opposite sides of pillow. Press toward word border.
2. Piece 6-2"xWOF(approx.32") strips together end to end. Cut 2-2"x64½" borders for top and bottom of runner. From the remaining 2"xWOF strip cut 2-2"x 16½" borders for top and bottom of pillow. Add prepared borders to top and bottom of runner and pillow. Press toward word border.

Fly Geese Flower Border

Refer to image for color placement.

1. Piece the side borders strips using 4 flying geese units - 1 of each color. Make 6 side border units. Each border should measure 2½"x16½" with seams. Add to opposite ends of the table runner and opposite sides of the pillow top. Press toward word fabric. The 2 remaining 4 unit borders will be used as the top and bottom borders for the pillow top.



Make 6 side borders

border should measure 2½"x16½" with seams

- Use the remaining 32 flying geese units to piece the top and bottom borders for the table runner. Each border uses 16 flying geese units- 4 of each color. *See image on left.*
- Add a 2½"x2½" striped corner square to opposite ends of both long borders and to the top and bottom pillow top borders from Step 1. Press toward striped fabric.
- Stitch prepared borders to table runner and pillow top. Press seam toward word fabric. Table runner should measure 20½"x68½" with seams.

Final Border for pillowtop

- Sew 3-1½"x WOF Fabric 8 strips together end to end. Press.
- Cut 2-1½"x20½" side border strips and 2-1½"x22½" strips for top and bottom borders.
- Add to pillow top sides first and the top and bottom. Press. Pillowtop should measure 22½"x22½" with seams.



Finishing

- Using a bias seam, join the 5- 2½"x WOF binding strips end to end. Press seams open. Fold prepared strip in half wrong sides together and press to make the binding. Layer, quilt and bind to complete table runner
- Choose your favorite finishing method to add a back to your pillow...zipper, flap, buttons, cording. Add 24" pillow form to complete pillow.

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